



ROUND TABLES/DEBATES REPORT

December / January 2013

- *Partner: MJC AGORA NICE- EST*
- *Target group: WOMEN*

Let's do it better project is based on educational and training competences of the participants, in order to become promoters of their own social emancipation and social integration.

Round tables and debates based on interviews with the beneficiaries are an inspiration both for beneficiaries and professionals to think about how popular education and social mediation promote social and political empowerment of target group.

Please describe - according to the beneficiaries -

TRAINING IN FIRST AID

In December, the association organized a training in first aid for around twenty women. The target population is composed of mothers whose children are registered in the leisure centers of the neighbourhood. Firemen livened the training up and mothers were awarded a certificate at the end of the training. The training lasted one day and each group was composed of ten people. The two trainings, which were free of charge, were funded by State subsidies.

1. *how popular education and social mediation contribute to valorize beneficiaries as professionals in terms of:*

- o equal opportunities

Many women were agreeably surprised to receive a certificate and to know that it was important to put it on their curriculum vitae.



o social inclusion

For many of the participants, "learning" the reflexes and the good behaviour in front of a victim of an accident or of someone who feels weak meant participating in a civic act. A woman was very pleased to know that, by having learned the good reflexes, she someday "would be able to save someone and maybe her child !"

o intercultural dialogue

- The participation of women of different origins and members of different associations of the neighbourhood has enabled social diversity which was not considered at the beginning.

- During these days, the participants were given advice by the social mediators of different associations. This association partnership has enabled the meeting of people of different parts of the neighbourhood, thus promoting the social link there.

2. how the practices of active citizenship and equal opportunities promote a process of target group's social and political empowerment

The participation in a training for a civic act such as first aid training, brings to the participants and mainly to those who do not have qualification :

- a greater self-esteem
- a personal satisfaction compared with the close proximity
- new competence

As many positive factors that promote autonomy.