

Local workshops

December 2011 / January 2012

- Partner: Vardakeios School of Hermoupolis
- Target group: women immigrants (adults)

Goal	Improve social and work inclusion of immigrants
Objectives	<ul style="list-style-type: none"> ▪ support awareness and a knowledge value of competences ▪ raise awareness of personal skills and self-esteem of beneficiaries ▪ promotion social and political empowerment ○ develop social integration of women immigrants
Methodology	Popular non-formal education as an empowerment tool for target group
No. of beneficiaries involved	8
No. of staff operators involved	3
Activities	<p>“Introduction to Greek kitchen and cooking lessons”. The instructor showed the first steps of Greek cooking to the beneficiaries and after several lessons they could show their skills by cooking national Greek and their ethnic food. Some parties had been organized so the beneficiaries could introduce their cooking skills. Since those parties were a success, the presentation of ethnic food became an integral part of every bazaar or social event.</p> <p>“Latin and Greek dance lessons”. Once a week the instructor came to teach the beneficiaries Latin and Greek dances. The lessons became very popular not only in the aspect of pastime but as a good opportunity to understand national spirit and local traditions. Together with food presentations they became a component part at each event.</p>
Outputs and results	Both activities helped the people of different nations to get together, to understand the importance of social intercourse and to raise their self-esteem. They became a good way of helping people to associate and to integrate into local society.
Strengths identified	The activities showed the advantages of team work as a way to overcome personal shyness, the importance to be a part of a team and to be responsible. They helped the representatives of different nations to mix with each other easily.
Weaknesses	Some of the beneficiaries were willing to participate to the projects but didn't have free time due to working long hours. In addition, though the beneficiaries' activities became a great success, the participants of all the events are nearly the same.
Other information	